



MVC Regional Training Coalition Continuing Education Training for Mediators

Teens at the Crossroads - No Longer Children, Not yet Adults

A bio-psycho-social approach to understanding adolescent development.

devora moon holland and Bridget Geraghty present a holistic look at the American teen, ultimately to shed light on how to best communicate with this demographic.

Adolescence is a time when, arguably more than at any other time in the lifespan, changes in the body, the brain, and the social environment are engaged in a complex interrelationship. So many changes are happening at once that teens are often judged as anywhere from enigmatic to problematic.

Using eclectic instruction that includes interactive exercises and case studies, holland and Geraghty will take workshop participants for a look at the biology, the neuro-psychology and the social experience of teens. On this journey participants will explore how adolescents are uniquely different from children and adults. holland and Geraghty will debunk some myths about adolescence and endeavor to make the teen easier to understand. Building on this knowledge, participants will learn about and practice methods of communication that work best with teens, facing down some of the potential challenges inherent in working with this group.

Specific topics addressed will include:

- Biology: Hormones and their role in the changing body and brain of the teen
- Psychology/Brain development in the teen years: how this stage of brain development impacts decision making; and the impact of trauma history and mental health issues on the teen brain
- Sociology: Family and peer relationships and the roles they play; a brief overview of the impact of drugs and alcohol, pop culture, gender orientation/sexuality and socio-economic class on the teen experience

WHEN

- Saturday, November 20, 2010 – 10:00 a.m. to 2:00 p.m.

WHERE

- Grand Ronde Tribal Center, 9615 Grand Ronde Road, Grand Ronde, Oregon

COST

- \$25 per participant

AMENITIES

- Snacks, beverages, and lunch are provided

WORKSHOP PRESENTORS

- devora moon holland and Bridget Geraghty

REGISTRATION

- Contact Neighbor-to-Neighbor at 503-585-0651, or, email at n2nmediation@gmail.com
- RSVP Deadline is November 12, 2010. SEATING IS LIMITED!