



Conflict Management & Problem Solving

A workshop
sponsored by

Neighbor-to-Neighbor Mediation Service

HOW DO YOU RESPOND TO CONFLICT?

Attend this educational and interactive workshop to learn how you can manage conflict in your life more effectively. This workshop is designed to help individuals and families become more aware of their own styles of dealing with conflict and to improve conflict resolution and decision making techniques.

Specific skills include: dealing with anger, active listening, and reaching agreements that satisfy yours and other's needs.

This class is being offered to the general public. Seating is limited.

When: Wednesday, June 8, 2011
Time: 5:30 pm
Duration: Approximately 4 hours
Where: 945 Columbia Street NE, Salem, Oregon
Cost: \$10 per individual
\$15 per couple
\$20 per family

Snacks and beverages will be provided

Registration can be made by contacting Neighbor-to-Neighbor at:
503-585-0651
n2nmediation@gmail.com

Deadline for registering is June 6, 2011